

ST. CLOUD INTERGROUP (SCI) THE SCI REPORT – DEC 2024 VOLUME 80 / ISSUE 12

A.A. Assistance Line: **320-204-6005**

SCI Website: https://aasaintcloud.org





HAPPY BIRTHDAY TO US: Seven years ago on a dreary night in December eight groups huddled in the driving snow for one single purpose, to ask each other how they could better reach the still sick and suffering alcoholic. OK, that was a little dramatic, but it is true that seven years ago, eight groups from Central MN came together to discuss the idea of forming an Intergroup. The groups settled on the name of the St. Cloud Intergroup (SCI) and SCI was born. Today SCI has dozens of volunteers who provide speakers to 13 different locations in Central MN. SCI volunteers also bring AA meetings into four different Central Minnesota locations and SCI volunteers engage in outreach activities like the Wright County Fair, the State Fair, and Founder's Day. Additionally, SCI volunteers staff a 24/7 AA answering service, maintain a website and send out a monthly digital newsletter to over 1,300 readers. To celebrate this milestone of service, SCI will celebrate its 7th Birthday with some coffee and cake at the conclusion of our monthly meeting on December 9, 2024. Grab a sponsee, come to the meeting, and learn about all of our service opportunities.

WHEN IS THE NEXT SCI MEETING? Please join us at our next meeting on Dec 9, 2024, at 6pm in the Midtown Office Building, Suite 302.

WHERE MONEY AND SPIRITUALITY MIX: SCI would like to thank the groups and individuals who have contributed to our SCI coffers. The contributions we receive go toward paying rent, buying and donating literature and our 12th Step work. No funds are used on activities like sending representatives to the Regional Conferences or the International Convention. All contributed funds stay within our service area of Central MN. If your group would like to contribute to SCI, please send your contributions to our new address: SCI / 3400 1st St. N. / Suite 302 / St. Cloud, MN 56303

90TH ANNIVERSAY OF BILL W'S SOBRIETY BIRTHDAY:

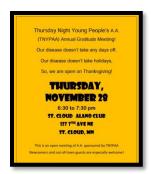


On **December 11, 1934**, Bill W. had an intense spiritual experience in his hospital room at Towns Hospital, NYC. Bill checked into the hospital earlier to be treated once again for his alcoholism. In a moment of alcoholic desperation, he cried out in his room, "If there is a God, let Him show Himself! I am ready to do anything. Anything!" Suddenly a white light suffused his room and Bill felt he was in the presence of God. Later he would recount, "And then it burst upon me that I was a free man." Bill would maintain his sobriety from that moment up until his death in 1971.



The following announcements are provided as a service by SCI to the fellowship. The listing of these events does not imply endorsement or sponsorship of the event.





TYNYPAA ANNUAL THANKSGIVING MEETING: Did you know that the Thursday Night Young Peoples' Meeting will be 49 years old this December? It is the oldest continuously running Young Peoples' A.A. meeting in the State of MN. And as their moto says, "The disease doesn't take any time off, so neither will we." Join TNYPAA for their annual Thanksgiving meeting on **Nov 28, 6:30pm.**



FOUNDER'S DAY MINNESOTA 2024: Celebrating 84 years of A.A. in the Upper Midwest, Founder's Day is scheduled for Saturday, November 30, 2024, at the Bloomington Double Tree Hotel in Bloomington, MN. Attendees will be treated to A.A. and Al-Anon speakers, a History Panel, Call Up Meetings, Hospitality Rooms, a Banquet and Dance. SCI will even have an outreach booth there. For more information go to: www.foundersdaymn.org



Mediday Meetings
Saturday, New Years Eve
Tuesday Dec. 31st

10 am Tuesday Morning Group
7:30 pm Rice AA Group
New Years
Wednesday Jan. 1st

1:30 pm Older Adults Group
6:30 pm Wednesday Night Open
Meeting Group

HOLIDAY MEETINGS: The holidays can be a hard time for some in our fellowship. Perhaps it is the first holiday without a special someone. Perhaps it is the first holiday sober. Whatever the reason, it is always a good time of year to stay close to the fellowship. And taking in extra meetings is always a good way to take out a little insurance against a possible slip. Here are twelve tried and true methods of navigating the holiday season in a safe and sober manner. 1) Do some extra A.A. service work. 2) Host recovery friends for a holiday function. 3) Keep the SCI telephone number nearby (320-204-6005). 4) Grab a newcomer and go to an A.A. party. 5) If tempted, avoid drinking situations. 6) Always keep nonalcoholic beverages nearby if you go to an office party. 7) Have an exit strategy if you are at a drinking event. 8) Participate in sober community activities like a tree lighting or worship service. 9) Take in a seasonal play, musical or movie. 10) Remember to take it ODAAT. 11) Give back freely to your community by helping at a homeless shelter or helping with community holiday meals. 12) And always remember that nothing will so much ensure our sobriety as intensive work with other alcoholics. It works when all else fails.